

## For more information, contact

Your local School Health team can be contacted Monday to Friday from 9am to 5pm for advice and support.

You can contact your school nursing team on **0151 247 6354** or email [mcn-tr.seftonschoolhealth@nhs.net](mailto:mcn-tr.seftonschoolhealth@nhs.net)

We can arrange to see you at home, in a clinic or a venue of your choice if possible.



## Our patients matter

**Mersey Care NHS Foundation Trust** listens and responds to patients and their carers to help improve the services we deliver.

If you have any comments, compliments or concerns you can speak with a member of staff or contact our **Patient Advice and Liaison Service (PALS) and Complaints Team**

Telephone: **0151 471 2377**

Freephone: **0800 328 2941**

Email: [palsandcomplaints@merseycare.nhs.uk](mailto:palsandcomplaints@merseycare.nhs.uk)

To request this leaflet in an alternative format or language, please speak to a member of staff.

**Mersey Care NHS Foundation Trust**

V7 Building, Kings Business Park, Prescot L34 1PJ

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**NHS**

**Mersey Care**  
NHS Foundation Trust

Community and Mental Health Services

# Sefton School Nursing Service

[merseycare.nhs.uk](http://merseycare.nhs.uk)

## What are school nurses?

- Specially trained nurses
- We work with school aged children from reception until they are aged 19
- Every school has a school nurse who is based in a clinic near your school.

## Who are we?

- Part of a team who support the health and wellbeing of every child aged 5 to 19 years
- We work within a multi skilled team so the most appropriate person can deal with your needs
- We support children who attend Pupil Referral Units and children who are educated at home.

## Public health role

We can provide support for:

- Resilience and wellbeing
- Healthy lifestyles
- Keeping safe
- Maximising learning and achievement
- Supporting complex and additional health and wellbeing needs
- Transition through services.

## What we offer

- Prevention and early intervention
- Health screening and reviews
- Signposting to other services
- Key health priorities including healthy lifestyles such as healthy eating and weight, smoking, drugs and alcohol awareness
- Health promotion advice and activities
- Healthy relationship advice and support along with sexual health and contraception advice
- Routine Childhood Immunisation Programme
- National Child Measurement Programme
- Health drop ins, regular sessions for children and parents or carers are held within primary schools
- Weekly sessions are held for young people in secondary schools
- Helping keep children and young people safe.



## Children with Special Educational Needs and Disabilities (SEND)

We will work in partnership to create a support system for all children with SEND. Working together with families to make sure all children have an opportunity to reach their full potential and live healthy, happy lives.

## Safeguarding children and young people

- If you are worried about an adult or child's safety including your own, at home or anywhere else you can speak to us
- We work closely with other services to keep you safe
- There may be occasions when we are asked to attend meetings with other agencies about you and your family, we may see you more frequently if this happens
- Whenever possible anything we do will be discussed and agreed with you.

## Confidentiality

All members of the School Health Team have a duty to protect your privacy and confidentiality. We would only share information with your consent.

Information without consent could only be shared in situations where we have a concern that there was a risk of harm to your child or a member of your family.