

**Cheshire and Mersey
Specialist Perinatal
Service**

Mental healthcare for
women and families



Equality for all

Perinatal and Maternal Mental Health



We want to improve and develop culturally relevant care for women during pregnancy and after your baby is born.

The Cheshire and Mersey Specialist Perinatal Service wants women who are experiencing mental ill health during or after their pregnancy, to have timely access to high quality care, which supports families to thrive.

Our aims are to improve access and to develop effective, culturally relevant interventions for women during pregnancy and the postnatal period.

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Perinatal and Maternal Mental Health

We want to hear about your perinatal mental health and maternity journey – please share or get in touch!



With thanks to C&M MMHS for the sharing of images created by Lauren Rebebeck.

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