

**Allied Health Professions: Referral for Specialist Assessment  
(Physiotherapy, Occupational Therapy, Nutrition & Dietetics, Speech & Language Therapy)**

**\*NB - NOT FOR PODIATRY\***

Please complete all sections of 3 page form – unsigned/incomplete referral forms will need to be returned

**1. Patient Information**

NHS Number:	GENDER:
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SURNAME:	FORENAME:	MR/MRS/MISS/MS/OTHER
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Previous Surname:	Date of Birth:
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ADDRESS:	Carer: [ ] Next of Kin: [ ] Name: Relationship: Address: Tel:	Home Tel No.:  Mobile/Daytime Tel No:
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Ethnic Group:	Does the patient live alone? Is the patient housebound? Any disability? Has the person agreed to this referral for a specialist assessment? If not able to, please clarify why:
Religion:	
Language:	
Interpreter required?	

Diagnosis/Reason For Referral	Past Medical History (dates if possible)	Current Medication
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**2. General Practice Details**

Practice Name & Address:	GP Code: Practice Code: Tel No: Fax No:
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*Please give any information relating to the patient and home environment which may help to ensure the safety of the visiting therapist. (If none, please write 'none')*

**3. Referrer Details**

Referred by (please print):  
 Designation:  
 Address (if different from practice details):

Tel: \_\_\_\_\_  
 Referrer Signature \_\_\_\_\_ Date \_\_\_\_\_

**Patient's Name:** ..... **D.O.B:** .....  
Allied Health Professions: Referral for Specialist Assessment – (Not Podiatry)

Need/Risk Area	✓ or n/a	Supporting Evidence (Please use Prompts)
Chest/ Respiratory Problems		(Prompts: wheeze, tight chest, increase in shortness of breath).
Current Chest Infection/ Exacerbation		(Please circle appropriate answer to <u>each</u> question) Sputum retention? Y/N Sputum colour change? Y/N Decreased ability to cough? Y/N Seen by GP in previous 24 hours? Y/N OR Date last seen ..... Started on anti-biotics? Y/N Date course started.....
Eating/Drinking/ Swallowing Difficulties		(Prompts: state occurrence, daily, weekly, monthly. Chest infections in last 6 weeks, 3 months, 6 months).
Biochemical/Weight Indicators		(Prompts: Rapid weight loss, BMI.) BIOCHEMISTRY RESULTS: eg Fastinglipids/glucose/HbA1c  Does the patient require a domiciliary visit Y/N
Falls		(Prompts: Previous history of falls, date of last fall, frequency of falls, fracture or hospitalisation due to a fall. Need for home safety assessment or equipment)
		(Please circle appropriate answer to <u>each</u> question) Is there a history of any fall in the previous year? Y/N Is the patient on four or more medications per day? Y/N Does the patient have a diagnosis of Stroke or Parkinson's Disease? Y/N Does the patient report any problems with their balance? Y/N Is the patient unable to rise from a chair of knee height? Y/N
Mobility		(Prompts: <u>Specify</u> walking aids / wheelchair use, details of recent changes in mobility, current mobility level, indoor/outdoor)
Home Environment		(Prompts: Problems with stairs, transfers, bed, chair toilet, in and out of house, domestic tasks).

Patient's Name: ..... D.O.B: .....  
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Need/Risk Area	✓ or n/a	Supporting Evidence (Please use Prompts)
Pain		(Prompts: Cause, severity, location of pain, disturbed sleep, disruption of essential daily activities, analgesia status, acute/chronic)
Continence		(Prompts: Constipation, problems with continence, does the patient have accidents with bladder or bowels)
Personal Care		(Prompts: Recent difficulties with washing, bathing, dressing, grooming – please describe)
Communication		(Prompts: Degree of difficulty, unable, with difficulty, verbal, non verbal)
Cognition		(Prompts: Problems with; Perception, Memory, Concentration. Mood alteration/disorder, loss of confidence)
Caring Responsibilities		(Prompts: State who is being cared for, detail the type, amount and intensity of care being given)
Work and Leisure		(Prompts: Describe the difficulties being encountered)
Other Agencies/Services involved		(Prompts: e.g. Mersey Care, Social Services, Voluntary. Please specify)

**For audit purposes who do you feel would best meet this patient's needs?:-**

- |                           |                          |                         |                          |
|---------------------------|--------------------------|-------------------------|--------------------------|
| Physiotherapy             | <input type="checkbox"/> | Occupational Therapy    | <input type="checkbox"/> |
| Falls Team                | <input type="checkbox"/> | Nutrition and Dietetics | <input type="checkbox"/> |
| Speech & Language Therapy | <input type="checkbox"/> | Unsure                  | <input type="checkbox"/> |

Please send this referral:

By Post to: Therapy Referrals, Queens Drive Health Centre, Moor Lane, Liverpool L4 6XG.

Tel: 0151 295 3400, Option 2 or 0151 296 7400/01 FAX 0151 296 7416

Email [therapy.servicereferrals@nhs.net](mailto:therapy.servicereferrals@nhs.net)



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NHS Foundation Trust

Community and Mental Health Services