

**NIHR CTP Submission Platform**  
Performance in Initiating and Delivering Clinical Research  
Quarter 1 – 2018/2019

Submission Details	
Status	Accepted
Open Date	01/07/2018
Deadline Date	30/07/2018
Date Submitted	27/07/2018
Type	Performance in Initiating
NHS provider	Mersey Care NHS Foundation Trust

ID	REC Number	IRAS Number	Name of Trial	First Participant Recruited?	Date of First Participant Recruited	Duration between Date Site Selected and Date Site Confirmed	Duration between Date Site Confirmed and First Participant Recruited	Duration between Date Site Selected and First Participant Recruited	Date Site Invited	Date Site Selected	HRA Approval Date	Date Site Confirmed By Sponsor	Date Site Confirmed	Non-Confirmation Status	Date Site Ready To Start	Reasons for Delay	Comments	Reasons for delay correspond to:
122572	16/NW/0885	187946	We Can – A randomised controlled trial of a web-based intervention for carers of individuals with anorexia nervosa	Yes	13/11/2017	27	11	38	12/06/2017	06/10/2017	28/02/2017	06/10/2017	02/11/2017		02/11/2017			
122573	16/NW/0888	213646	everybody Plus – using internet-based self-help to bridge waiting time for face-to-face outpatient treatment for bulimia nervosa, binge eating disorder and Other Specified Feeding and Eating disorders (OSFED)	Yes	27/10/2017	26	10	36	12/06/2017	21/09/2017	02/02/2017	21/09/2017	17/10/2017		17/10/2017			
122574	16/HRA/5525	210175	Mindshine 3: A definitive randomised controlled trial investigating two online wellbeing interventions to reduce NHS staff stress	Yes	15/03/2018	21	6	27	30/01/2018	16/02/2018	23/01/2017	16/02/2018	09/03/2018		09/03/2018			
124715	18/YH/0105	241177	A randomised controlled trial to measure the impact of operational transparency text messages during waiting periods on attendance and engagement with treatment among Improving Access to Psychological Therapies (IAPT) patients.	Yes - Date Unavailable					26/01/2018	18/04/2018	28/03/2018	18/04/2018			19/04/2018		HRA determined participating NHS organisations will not be required to formally confirm capacity and capability. NW Coast CRN confirmed recruits will not be allocated.	

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ID	REC Number	IRAS Number	Name of Trial	Target Number of Patients Agreed	Minimum Number Of Patients Agreed	Maximum Number Of Patients Agreed	Target Date To Recruit Patients Agreed?	Date Agreed to recruit target number of patients	Total Number Of Patients Recruited At The Agreed Target Date	Date That The Trial Closed to Recruitment	Total Number Of Study Participants Recruited	Reason For Closure Of Trial	Comments
30695	15/NW/0823	172540	GOTHIC 1: A feasibility trial of glycopyrrolate in comparison to hyoscine hydrobromide and placebo in the treatment of clozapine-induced hyper salivation	Number Agreed	9	9	Not Available / Not Agreed			31/12/2017	9	Recruitment Finished	Study closed early due to expiration of medication.
30696	17/NW/0115	212086	Does melodic intervention ameliorate source monitoring in voice hearers: A multiple baseline study	Not Available / Not Agreed			Date Agreed	28/06/2018	0	21/11/2017	0	Withdrawn By Sponsor	Researcher and sponsor have decided with withdraw and close study for reasons outside trust remit.
31198	15/NW/0732	179111	An online randomised controlled trial to evaluate the clinical and cost effectiveness of a peer supported self-management intervention for relatives of people with psychosis or bipolar disorder: Relatives Education And Coping Toolkit (REACT)	Not Available / Not Agreed			Not Available / Not Agreed			31/08/2017	11	Recruitment Finished	Trial went very well with positive feedback from participants.
31222	16/NW/0885	213646	everyBody Plus - Using internet-based self-help to bridge waiting time for face-to-face outpatient treatment for bulimia nervosa, binge eating disorder and Other Specified Feeding and Eating Disorders (OSFED)	Number Agreed	15	15	Not Available / Not Agreed			21/06/2018	27	Recruitment Finished	
31223	16/NE/0220	191223	Interpersonal art psychotherapy for the treatment of aggression in people with learning disabilities in secure care: a feasibility study and acceptability study	Not Available / Not Agreed			Not Available / Not Agreed			12/10/2017	8	Recruitment Finished	