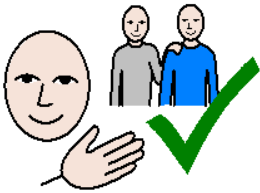


The Mental Health Act

Know your rights



Mersey Care has to follow a **law** called **The Mental Health Act**.



This **protects you** and makes sure you are **treated properly** in hospital.



You have **4 rights**.

1. You can have an **advocate** to help you.



2. You can have a **Hospital Manager's Hearing** to look at why you have to stay in hospital.



3. You can have an **Independent Mental Health Tribunal** to look at why you have to stay in hospital.



4. Your **nearest relative** has the right to **ask** for you to be **discharged**. They need to write to the Trust's Mental Health Act managers 72 hours before they do this.

