

Contact details

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Our patients matter

Mersey Care NHS Foundation Trust listens and responds to patients and their carers to help improve the services we deliver. If you have any comments, compliments or concerns you can speak with a member of staff or contact our Patient Advice and Liaison Service (PALS) and Complaints Team.

Phone: 0151 471 2377
Freephone: 0800 328 2941
Email: palsandcomplaints@merseycare.nhs.uk

To request this leaflet in an alternative format or language, please speak to a member of staff.

Mersey Care NHS Foundation Trust
V7 Building, Kings Business Park, Prescot,
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Are you struggling with substance misuse?

Are you aged between 18 and 25 and feel you would benefit from support around this?

Is your drug or alcohol use impacting your mental health?

Do you feel your alcohol or substance use may be having a negative impact on your mental health and your recovery journey?

Do you feel a bit lost or concerned when it comes to your drug and alcohol use?

Do you have questions around drugs and the impact they can have?

Ask your care coordinator about speaking to the dual diagnosis practitioner within your team.

What is dual diagnosis?

Dual diagnosis refers to the occurrence of a mental illness alongside substance misuse. This can be drugs or alcohol.

Is it just me?

It is thought that around 44% of people in mental health services may have a dual diagnosis, so you are not alone. Speaking up about your substance use can help your care coordinator support you in the best way.



What can I do?

If you are aged between 18 and 25, we have a dual diagnosis practitioner who you can speak to especially about your drug or alcohol use and the effects it could be having or have on you and your mental health.

What can you offer me?

The dedicated dual diagnosis practitioners will complete a substance misuse assessment and help find the services that will help you with your recovery.

We will look at ways to reduce harm and speak to you about the cycle of change and where you are in your recovery journey.

What do I need to do?

Ask your care coordinator, duty worker or your consultant to speak to the dual diagnosis worker allocated to your team and see what help or support is available for you.