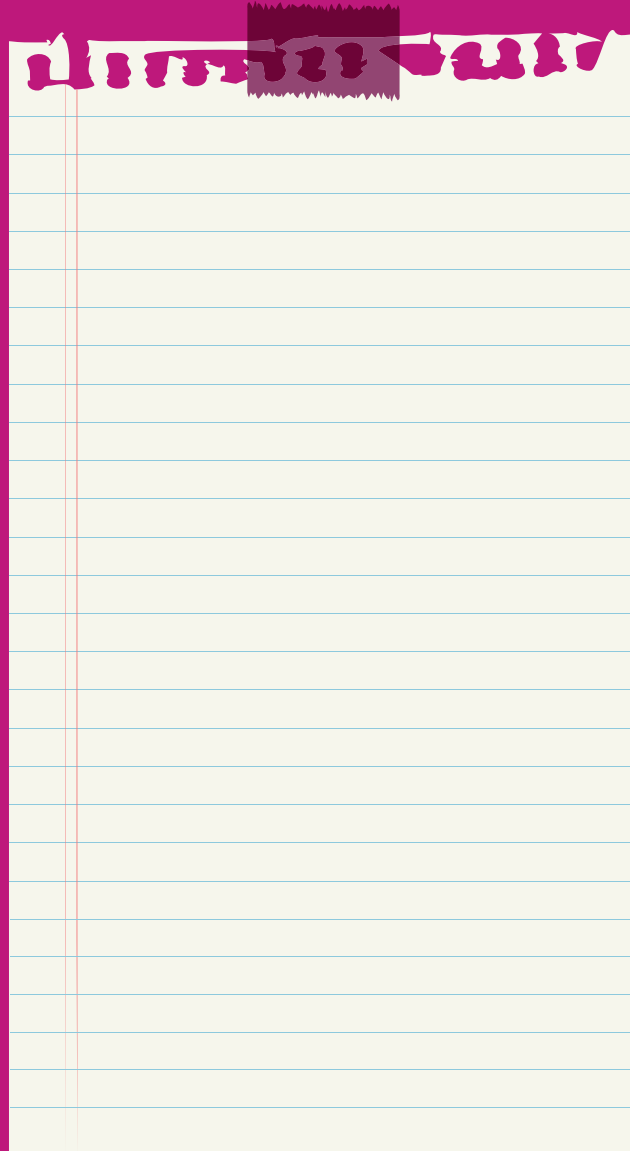




Please use the space below to make notes of your referral, appointment details or advice provided by the service.



Accessing our services

Please speak to your local healthcare professional if you wish to receive support from Cheshire and Mersey Specialist Perinatal Service.

The service accepts referrals from health and social care professionals across Cheshire and Merseyside - including mental health professionals, midwives, obstetricians and GPs.

We are also happy to offer telephone advice to professionals if they have concerns about an individual's mental health.

The team look at each case individually to ensure the most appropriate care is delivered to address specific needs.

Patient confidentiality is very important to us. We do not expect to receive referrals without consent from the individual wherever they have the capacity to provide this.

Cheshire and Mersey Specialist Perinatal Service

Mental health care for women and families

A joint initiative between
Cheshire and Wirral Partnership
and Mersey Care NHS Foundation Trusts

Did you know?

One in five women experience mental health problems during pregnancy or in the first year after birth.

Cheshire and Mersey Specialist Perinatal Service provides important mental health assessment and support for women experiencing moderate to severe mental health issues during this time.

Our specialist teams also provide consultation and advice to fellow professionals providing perinatal care.

Support and advice

Our friendly teams include psychiatrists, psychologists, mental health nurses and occupational therapists.

These experienced, multidisciplinary teams help women and families by providing:

- Preconception advice
- Specialist Mental Health Assessment
- Review by specialist consultant psychiatrist
- Therapy sessions
- Case management for complex cases
- Liaison and joint work with other services and agencies
- Advice for referrers and clients
- Specialist training in perinatal mental health.

Your local teams

**Cheshire and Wirral Partnership
NHS Foundation Trust**
Cherrybank Resource Centre, Ellesmere Port
Tel: 0151 488 8434

**Mersey Care NHS Foundation Trust -
Liverpool, Sefton and Kirkby**
Liverpool Women's Hospital, Liverpool
Tel: 0151 702 4012

Halton, Knowsley, St Helens and
Warrington
Hollins Park Hospital, Warrington,
Tel: 01925 275 303

**All of our teams operate 9am to 5pm,
Monday to Friday (excluding Bank Holidays).**

For out of hours support please call NHS 111, contact your local GP or access the mental health Out of Hours service at your local Emergency Department.

**For further information and other useful
resources please visit:**

www.cmperinatal.nhs.uk

This website can be easily translated into a variety of languages.

