



Mersey Care

NHS Foundation Trust

Community and Mental Health Services



Willis House

**Specialist Learning Disabilities Team
for Adults in St Helens and Knowsley**

merseycare.nhs.uk

If you have a learning disability and are over 18 years of age or older contact Willis House

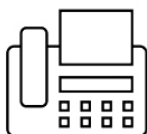
Fill in a referral form and post it to:



Willis House
Cumber Lane
Whiston
Prescot
L35 2YZ



Tel: 0151 428 5885



Fax: 0151 292 2595

In an emergency health support can be gained from:



Your Doctor (GP)



If you call NHS 111 they will direct you to the best health service which may include a Walk-In-Centre, your doctor, pharmacy or hospital



If you need to attend hospital you will be given an appointment. You should still dial 999 in an emergency

Occupational Therapist



We help people be more independent



With their daily routine



Improve self confidence and self esteem



Budget/money skills



Equipment

We also help people with



Personal care



Making meals



Using public transport



Going to work



Housing



We also train staff and carers to deliver occupational therapist programmes

Psychiatrists



Work closely with carers and other professionals

We treat people at



Willis House



Halewood Health Centre



Towerhill Primary Care Resource Centre



In their own homes too

Psychiatrists also work with people who have:



Mental health problems



Challenging behaviour/Autism



They talk to you about your medication

What do Physiotherapist do?



We help people to keep their bodies healthy and improve posture



Stretching and strengthening exercises



Chest physiotherapy



Advice on how to move people safely so they do not get help with posture problems



Advice about walking aids

What else do we do?



Provide Specialist assessment for 24 hour posture management



Work with other departments, for example the appliance department and wheelchair assessment centre



Work with other agencies to provide Specialist Equipment



Train staff and carers to deliver physiotherapy programmes

Psychology



We talk to people and help them understand



How they think



How they feel



How they behave

Psychologists offer work in



One-to-one setting



Group work



Work with families, carers and other professionals

The Psychology team consists of:



Clinical Psychologists



Trainee Clinical Psychologists



Assistant Psychologists

Speech & Language Therapist



We can help people with communication and or difficulties with eating and drinking.

Do you need help with?



Understanding words, ideas and choices



Speaking or expressing yourself



Extra ways of expressing yourself such as communication aids



Challenging behaviors because of problems with communication.



Confusion because of dementia



Social communication and assertion



Difficulty eating or swallowing food or drinks

What else we do?

Offer workshops for families, carers or support staff about:



Total Communication/Autism/Makaton



Person centred information about your health, MCA assessments or support your communication as a parent with a learning disability.



Social stories



Eating, drinking and swallowing assessments and advice



Individual or group therapy



Easy read information



Receptionists



Secretaries



Medical
Secretaries

The Team



Takes phone calls



Says 'Hello' when you arrive



Send appointment letters to you



Answers questions



Writes to your doctor about you after your appointment

Community Nurses



Can support people with their:



Health needs



Medication



Mental health needs



Epilepsy



Positive behaviour support



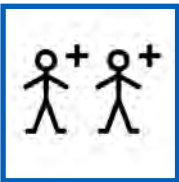
Physical needs

We also provide

- Health assessments
- Health action planning
- Health passports
- Access to Health Services



The St Helens community nursing team consists of:



Registered Learning Disability Nurses



Health Care Assistant

We welcome feedback on our services if you have a



Compliments



Concerns



Complaints

Please Contact
Patient Advice and Liaison Service
(PALS) and Complaints Team



Tel: 0151 471 2377



Tel: 0800 328 2941



Email:
palsandcomplaints@merseycare.nhs.uk

