

Integrated Community Reablement Assessment Service (ICRAS)

You have been referred to ICRAS by

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You are now under the care of the identified neighbourhood / therapy team below:

- | | | | |
|---|---|----------------------------------|---------------------------------------|
| <input type="checkbox"/> North | <input type="checkbox"/> South | <input type="checkbox"/> Central | <input type="checkbox"/> South Sefton |
| <input type="checkbox"/> Therapy Team One | <input type="checkbox"/> Therapy Team Two | | |

What is the ICRAS service?

ICRAS provides a rapid responsive service from a clinical multi-disciplinary team (MDT).

Within the ICRAS neighbourhood approach, we have inpatient intermediate care beds (hub rehabilitation units) and community services across Liverpool and South Sefton.

The MDT consists of GPs, senior nurses, pharmacist, physiotherapists, occupational therapists, therapy and health practitioner assistants and advanced clinical practitioners.

We will provide a two-hour timely response to all referrals, 24 hours a day (**Liverpool**) *or* 8am-8pm (**South Sefton**) 365 days a year, for those patients who have been deemed medically appropriate to be managed at home and require nursing, and/or therapy input.

Talk to us

If you feel that you would like to speak to one of the team, or you would like a nurse to visit outside of your planned calls you can contact the ICRAS team as below:

Liverpool Patients:

0151 247 6740
(Neighbourhood and Therapy)

South Sefton Patients:

0151 475 4204 (Neighbourhood)
0151 247 6113 / 6119 (Therapy)

Neighbourhood Caseload Holder and Therapy Coordinator Mobile Numbers:

North	07825756588	Central	07825756934
South	07501211574	South Sefton	07813544829
Therapy 1	07901305057	Therapy 2	07771616374

The service is for patients who have a Liverpool or South Sefton GP, over 18 years of age and who have a condition that has been suitably assessed for management at home.

ICRAS also provide a dedicated Falls service which is available to the patients with South Sefton GP's.

How can we help?

We will work with services in the community to prevent hospital admissions and support early discharges. We have a clinical and therapeutic approach to assist the patient to remain at home. This may include:

- Managing acute / chronic illnesses
- Providing nursing intervention in your home environment
- Therapy intervention
- Agreed individualised care plans
- Onward referrals if needed

Advantages of ICRAS

- Full clinical MDT approach efficient and effective care in your own home
- Reduced risk of hospital acquired infections and risk of falls
- Recovery from period of acute illness may be quicker at home than in hospital
- Remain in the comfort of your own home and familiar surroundings with your usual support
- Reduce the pressure of travelling to hospital for family or carers
- Patients who also have a South Sefton GP have access to the ICRAS Falls service

Important:

If you feel you that your condition is deteriorating or you are experiencing unmanageable symptoms, you are advised to dial **999** and seek urgent medical attention.

Scan the QR code below to find out more



Our patients matter

Mersey Care NHS Foundation Trust listens and responds to patients and their carers to help improve the services we deliver.

If you have any comments, compliments or concerns you can speak with a member of staff or contact our **Patient Advice and Liaison Service (PALS) and Complaints Team**

Telephone: **0151 471 2337**

Freephone: **0800 328 2941**

Email: palsandcomplaints@merseycare.nhs.uk

To request this leaflet in an alternative format or language, please speak to a member of staff.

Mersey Care NHS Foundation Trust

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