# **Children and Young People's Eating Disorder Service**



We are here to treat and support families and young people aged 8 to 18 years old who have symptoms of an eating disorder.

We offer, education and training, self-help information, physical health clinics, paediatric ward intervention and clinic, consultant psychiatrist provision, psychoeducation groups, dietetic interventions, cognitive behavioural therapy, family therapy, and TRIANGLE.

#### **Clinic Locations**

We are based in the Young People and Families' Wellbeing Hub at Knowsley Resource and Recovery Centre, Whiston Hospital, Dragon Lane, Prescot, L35 5DR.

**Community and Mental Health Services** 



## Signs and symptoms:

## We accept referrals from:

- **GPs**
- **Teachers**
- School nurses
- Social workers
- **CAMHS** teams
- **Paediatricians**
- Other health professionals.

Loss of Blackouts/ **Body Image** Concentration Blurred Vision Disturbance Mood Swings Hair Loss Dizziness Fear of Weight Gain/Drive for Feeling Tired ► Low Mood **Thinness** Physical Psychological ► Feeling Cold Anxiety around Food Chest Pains and Social Eating Shortness of Breath Guilt Surrounding Eating Common Using Laxatives **Symptoms** Using Food as a way of Control Binging Withdrawn Behavioural Excessive Social Purging 4 Exercise Change of Dress Rigidity and Rituals Isolation/being Sense/Dropping Secretive Dress Sizes Restrictive Difficulties with Eating education.

100% of our urgent referrals are seen in one week.

"I don't know what I'd have done without all your help."

"The staff were amazing. I couldn't have asked for a better set of people to help me through a really hard time."

## How do I refer a patient?

You can refer a patient using our website or scanning the QR code: https://www.merseycare.nhs.uk/eating-disorder-service-referrals

You can call us Monday to Friday, 9am to 5pm on 0151 351 8610.







